

Kansas Department of Health and Environment

The Kansas WIC Program



Fact Sheet

WHAT IS WIC?

WIC stands for the Special Supplemental Nutrition Program for Women, Infants and Children. It's a USDA federally-funded program that provides supplemental foods and nutrition education to income eligible pregnant, breastfeeding and postpartum women, infants, and children up to five years old.

TO BE ELIGIBLE FOR WIC, YOU MUST MEET THE FOLLOWING CRITERIA:

Income: Household income up to 185% of the poverty level. Income eligibility varies depending on the number of people in your household. Examples of gross annual income are:

Household of 2 - \$24,420; Household of 4 - \$37,000

Automatic income eligibility for participants in the Food Stamp Program, Temporary Assistance for Families, and Medicaid Program.

Residency: Must live in Kansas.

Categorical: Must be a pregnant, breastfeeding, or postpartum woman, infant, or child up to five years old.

Nutritional Risk: Must demonstrate nutritional risk as determined by a health professional.

AUTHORIZED WIC FOODS INCLUDE:

For Infants: Iron-fortified Infant Formula, Infant Cereal, or Juice

For Women & Children: Milk or Cheese, Cereal, Eggs, Juice, Dry Beans or Peanut Butter

Special food packages are available for the homeless, children or women with special health needs, and women who exclusively breastfeed.

**For more information concerning WIC,
contact your local health department or
www.kdheks.gov/nws-wic**

This institution is an equal opportunity provider.